

Sitting – Worksheet to be used in conjunction with Training Manual



It is Beginners or Novice. How many points are you going to deduct for this sit?



Things aren't getting any better in this round.
What will you deduct for this sit?



We're still in Beginners after a year and our sits aren't getting any better. What will you deduct for this effort?



Can you see anything wrong with this sit? If so, what is the fault?

How many marks are you going to deduct?



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